

From: Wittenoom, Sue Sue.Wittenoom@aecom.com
Subject: FW: Join Costa Georgiadis for a garden workshop - Sunday December 14
Date: 26 November 2014 1:50 pm
To: Michael Musgrave mmus@me.com

WS

From: St Canice's Kitchen Garden [<mailto:refugeegarden@gmail.com@mail74.atl11.rsgsv.net>] **On Behalf Of** St Canice's Kitchen Garden
Sent: Tuesday, 25 November 2014 11:00 AM
To: Wittenoom, Sue
Subject: Join Costa Georgiadis for a garden workshop - Sunday December 14

Join Costa in building the last remaining garden beds.

[View this email in your browser](#)

St Canice's Kitchen Rooftop Garden

Costa is coming!

Come be inspired and learn from the man himself. Costa is running a workshop and Q&A in the garden on the 14th of December. He has even offered to cook you breakfast!



We have sold most of the tickets through our Chuffed campaign but there are a few left, so please get in early. All money raised goes towards garden maintenance and upkeep for 2015.

Choose from either:

Rooftop Garden Workshop with Costa Georgiadis (\$150)

Workshop covers rooftop, courtyard, balcony and container gardening. You will

Breakfast and Q&A with Costa Georgiadis + Rooftop Garden Workshop (\$250)

Before the workshop starts, Costa has kindly offered to cook breakfast using his

get to build our remaining 'No Dig' garden beds with Costa. Forever being part of our garden story.

very own free range eggs and local bread. Have an intimate breakfast and Q&A with Costa, then get your hands dirty.

[Reserve a ticket to Costa's Workshop](#)

[Reserve a ticket to breakfast with Costa & Workshop](#)

So, we had kind of a special moment in the garden last week. Our first harvest. Zucchini's. Picked, grilled and served to the patrons of the soup kitchen within 30mins. Thank you to the team at [IOOSK](#) for doing them just



We've set up a garden committee to help you get involved. Garden founder

Rob Caslick



I set up the Inside Out Organic Soup Kitchen ([IOOSK](#)) at St Canice's four and a half years ago. The idea was to serve wholesome organic food to those who need it most. We believe that food is more than food. That food grown with respect and served with love is a great way to show worth to a person who doesn't believe they are worthy.

Our humble harvest of four zucchini's last week was a big moment for us. We're producing food, and that little part about 'food grown with respect' became a little brighter. I hope our garden inspires others to grow your own and pay greater respect to what's on your plate.

Yes, it was my dream to build the garden on the roof, but it



would still be a dream without the amazing support we have had from all of our sponsors and supporters. In particular the team at [PEPO BOTANIC DESIGN](#) who have been working with me over the last 2 years to make this happen.

Next year is going to be big. We are in the process of setting up a Horticultural Therapy program with the St Vincent's hospital mental health team and our programs with the people seeking asylum will commence.

I look forward to sharing the journey with you. Contact me on the below if you'd like to know more.

[Contact Rob](#)

Photos from the garden.....



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