



Sunday 14 September 2025

The Exaltation of the Holy Cross



Image: "Christ of St John of the Cross" by Salvador Dalí, 1951, Kelvingrove Art Gallery, Glasgow

Dalí's haunting vision lifts Christ high above the world, suspended on the cross in a mysterious, darkened sky with earth and fishermen laid out below. Seen from an unusual aerial perspective, Christ's body shows no nails or blood, emphasising instead his serene majesty and sacrificial love. The absence of the crown of thorns and the luminescence that radiates from Christ's figure draw attention to the victory of redemption over suffering. Dalí's minimalist background and the floating cross invite contemplation of the mystery of the Son of Man "lifted up," encouraging viewers to gaze upward in hope and awe at a salvation that embraces all humanity.

PARISH CLERGY

Fr Dave Braithwaite SJ Parish Priest
pp@stcanice.org.au

Fr Dave Ryan SJ Assistant Parish Priest
dave.ryan@stcanice.org.au

PARISH HUB

🕒 Tues to Thurs 10.00 am to 3.00 pm

✉ contactus@stcanice.org.au

☎ +61 2 9358 5229

🌐 www.stcanice.org.au

📍 24 Roslyn Street Rushcutters Bay NSW 2011

LITURGICAL CALENDAR

Monday, 15 September 2025 Our Lady of Sorrows (M) **No Mass**

Tuesday, 16 September 2025 Ss Cornelius, Pope and Cyprian, Bishop, Martyrs (M) **Mass 8:00 am**

Wednesday, 17 September 2025 Wednesday of the 24th Week in Ordinary Time or St Robert Bellarmine (OM) **Mass 8:00 am**

Thursday, 18 September 2025 Thursday of the 24th Week in Ordinary Time **Mass 8:00 am**

Friday, 19 September 2025 Friday of the 24th Week in Ordinary Time or St Januarius, Bishop, Martyr (OM) **Mass 8:00 am**

Saturday, 20 September 2025 Ss Andrew Kim Taegon, Priest and Paul Chong Hasang and Companions, Martyrs (M) **Mass 9:00 am**

SUNDAY 21 SEPTEMBER 2025 - TWENTY-FIFTH SUNDAY IN ORDINARY TIME

MASSES: 6:00 PM (SATURDAY VIGIL MASS) SUNDAY 8:30 AM AND 10:00 AM

HYMNS AND MUSIC

Processional Sweet Sacrament Divine (248)

Responsorial Psalm In Every Age, O LORD, You Have Been Our Refuge

Offertory Take Up Your Cross

Memorial Acclamation Save Us, Saviour of the World, for by Your Cross and Resurrection You Have Set Us Free

Communion O esca viatorum, o panis angelorum (Words: St Thomas Aquinas - Trans: O food of men wayfaring, O bread of angels sharing), Soul of My Saviour (245)

Recessional Immaculate Mary (117)

ST CANICE'S - A JESUIT PARISH IN THE HEART OF SYDNEY

NEW TO ST CANICE'S?

Please scan the **QR code (see right)** to stay in touch with the various apostolates, services and events in our parish. We would love to keep you in the loop.



ST CANICE'S OFFERTORY COLLECTION

We have made it easier for you to make an offering for the needs of our parish and our priests. Please scan the **QR code (see right) to donate**

CURIOUS GRACE KNITTING GROUP

The Curious Grace Knitting Group meets in the church hall on the third Thursday of each month (18 September, 16 October, 20 November and 15 January). All are welcome! You may contribute "Curious Grace Love Rugs" by knitting/crocheting 20 x 20cm squares (10 or 8 ply minimum, acrylic yarn) at home or join us for chat, cuppa and cake as we work together. Each rug needs 35 squares, so coordinating colours and patterns with friends is encouraged. All rugs raised go to support Curious Grace and St Canice's Kitchen. **For queries please contact Jen: +61 429 966 492**

BE NOT AFRAID: MEN'S CONFERENCE

An opportunity for men to encounter Christ, and increase in faith, hope and charity in brotherhood to be the men God created us to be.

Date: Saturday 20 September 2025

Time: 7:30am - 4:00pm

Venue: St Marys' Cathedral Hall

Cost: \$60pp or \$220 for 4 tickets.

Clergy, religious, seminarians free

Sydney Centre for Evangelisation

To register, scan QR Code (right)



ANOINTED WOMEN'S CONFERENCE

A celebration of the sacred identity and vocation of women in the Church.

Date: Saturday 27 September 2025

Time: 9:00am - 5:00pm

Venue: Royal Randwick Racecourse

Who: Women aged 18+

Cost: \$125 per person

Group discounts available

Sydney Centre for Evangelisation

To register, scan QR Code (right)



SCHOLARSHIP AT THE CATHEDRAL

SCHOLARSHIP AT THE CATHEDRAL

A CHURCH IN NEED OF HEALING

FR JOHN BURNS AND SR MIRIAM JAMES SOLT

6PM FOR A 6:30PM START | 29 SEPTEMBER 2025
ST MARY'S CATHEDRAL - CATHEDRAL HALL

Fr. John Burns is a priest of the Archdiocese of Milwaukee. Ordained in 2010, he has served as an associate pastor, pastor, and adjunct professor of moral theology.

Sr. Miriam James Heidland is a former Division I college athlete who had a radical conversion and joined the Society of Our Lady of the Most Holy Trinity (SOLT) in 1998.

REGISTER ONLINE
www.satcathedral.org

PRAYERS SOUGHT

Recently Deceased Emiliano Betancourt, John Prescott, Tony Yeldham, Jose Henrique Dardis, Dorothy Furhagen, Dennis Philips, Paul Gusses, Vitauts Adamsons, Twinning Cruz and all the recently departed.

Mass Intentions

Leslie Patrick Musgrave and Catherine Mary Alexander, Irene (Timmy) Harding, Dennis O'Brien, Xavier Sedger. Unwell: Wendy Fothergill.

We especially remember...

Matthew Slade-Smith, Giulia Lombardo

Congratulations to newly weds

Kathy Tanevska & Guiliana Pessotto (9/08/2025)

POPE'S INTENTIONS FOR SEPTEMBER 2025

For our relationship with all of creation

Let us pray that, inspired by St Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect www.popesprayer.va

SACRAMENT OF PENANCE (RECONCILIATION)

Sunday 9.30am

ADORATION OF THE BLESSED SACRAMENT (FIRST FRIDAYS)

You are warmly invited to spend time in the peaceful presence of Jesus during Adoration of the Blessed Sacrament on the First Friday of each month. **Next Adoration Evening: Friday, 3 October 2025 6.00 pm - 7.00 pm**

CONTACT ST CANICE'S PARISH HUB

To contact St Canice's about:

- St Canice's Columbarium
- St Canice's Sanctuary Guild
- St Canice's Altar Service
- Anointing of the sick
- Deceased anniversaries
- Prayers for an ill friend or family member
- Mass intentions
- David's Place
- Curious Grace @ St Canice's
- St Canice's Kitchen
- Railaco Timor Leste
- Colombière Social Enterprises
- Holy Communion for the housebound
- Sharing God's Word at St Canice's
- St Canice's Op Shop
- St Canice's Bequests



please scan the Parish Hub QR code

THE CHURCH HAS TWO NEW CANONISED SAINTS

On 7 September 2025, Pope Leo XIV canonised Sts Pier Giorgio Frassati and Carlo Acutis in St Peter's Square, Rome, marking a landmark moment for the Church and especially for young Catholics. The joint ceremony - attended by tens of thousands, including families, youth groups and Italian dignitaries - was the first canonisation of Pope Leo's pontificate and united two inspiring laymen in sainthood.

LADY CHAPEL TEMPORARILY CLOSED

Our beautiful Lady Chapel will be closed for the next 2-3 weeks while renovation works are carried out. Thanks to the generosity of one of our parishioners, we are undertaking a restoration of the Lady Chapel and the chapel altar area. You will notice that the painting of Our Lady of the Angels has been removed to be restored offsite. The marble and tiled floor will be cleaned and new lighting will be installed. Once finished, it will be even more beautiful! AMDG

ST CANICE'S KITCHEN - VOLUNTEER DELIVERY DRIVERS NEEDED

(No special licence required – Tarago van provided) St Canice's Kitchen depends on the generosity of our volunteers, corporate partners and suppliers to help serve over 50,000 meals each year. Three of our wonderful suppliers - Harris Farm, OzHarvest and Bakers Delight - provide weekly bread, pastries, fruit and vegetables. We urgently need volunteer drivers to help collect and deliver these donations to our kitchen.

Bread Delivery – Sundays (fortnightly)

When: Fortnightly on Sunday, pick-up around 5.30 pm
From: Bakers Delight (Rose Bay)
Duration: Approx. 1.5 hours
Requirements: Able to lift at least 5kg.
Transport: Use our Tarago van (pick up from St Canice's) or your own van

Fruit and Vegetables Delivery – Monday to Saturday

When: Pickups at 11.30am, Monday to Saturday
From: Woolworths (Kings Cross) and Harris Farm (Potts Point)
Duration: Less than 1 hour
Requirements: Able to lift at least 10kg
Transport: Use our van or your own vehicle

Regular weekly shifts or more frequent help welcome
Interested? Please get in touch with Ollie at ollie@stcanice.org.au or +61 426 659 524

Thank you for helping us feed our community with dignity, care and love.

SUBSCRIBE TO ST CANICE'S ON YOUTUBE

Subscribe to the St Canice's YouTube channel for more content from our Parish



DAVID'S PLACE

David's Place offers spirituality and community to Sydney's homeless and marginalised. For 19 years, it has provided a space for prayer, pastoral care, Mass, and fellowship. **Website: www.davidsplace.com.au**
Visitors always welcome

MAKE A NOTE! FEAST OF ST CANICE 12 OCT 2025

Our parish will celebrate the Feast of St Canice on Sunday 12 October 2025 with Mass followed by morning tea. Please invite your families! Archbishop Anthony Fisher OP will attend, so mark your diaries and follow parish socials for details.

Who was St Canice? St Canice (also known as Cainnech of Aghaboe or St Kenneth) was a 6th century Irish abbot, missionary and founder. Born in County Derry, he trained with various saints and worked closely with St Columba, spreading Christianity in Scotland before founding the influential monastery at Aghaboe, Ireland. He is honoured as one of the 12 Apostles of Ireland.

HOLY COMMUNION VISITS

If you, or someone you know, is housebound due to age, illness, or injury and would like to receive Holy Communion at home, we have a parishioner who is available to visit.

Please contact Stephen Fulham on +61 411 626 262 to arrange a suitable time

PLEASE CONTINUE TO SUPPORT RAILACO

We encourage you to consider supporting Railaco with monthly donations, covering more than half of our annual support. By supporting education at Escola Secundária Católica Nossa Senhora de Fátima (NOSSEF), you can help to build a stronger, more self-reliant Timor-Leste. If you would like to help transform the lives of these rural Catholic families, please consider donating. Your donation, managed by Jesuit Mission Australia, is tax-deductible and goes directly to Railaco.

To donate, kindly scan the QR code (see below right)



LAUNCH OF WORKS OF SIR GERARD BRENNAN

Fr Frank Brennan SJ recently celebrated the launch of two volumes compiling the career and writings of his late father, Sir Gerard Brennan AC KBE GBS QC (22 May 1928 – 1 June 2022), at the Banco Court of the Supreme Court of NSW. The event was hosted by the Australian Catholic University and attended by leading figures in the legal and Catholic communities, marking a significant moment to honour Sir Gerard's legacy, which includes his landmark role in the Mabo decision and his service as Chief Justice of Australia. The Hon Stephen Gageler, Chief Justice of the High Court of Australia, opened the proceedings, praising Fr Frank's dedication in editing and preserving his father's moral and judicial legacy. The new volumes provide insight into Sir Gerard's deeply principled approach to law, highlighting how faith, personal values and compassion informed his judgments in advancing Indigenous rights and justice.

Source: "Fr Frank Brennan 'full of joy' as he launches his father's works," The Catholic Weekly: www.catholicweekly.com.au.

MEDITATION FOR THE FEAST OF THE EXALTATION OF THE HOLY CROSS

“The Son of Man must be lifted up, that whoever believes in Him may have eternal life.”

Introduction

Enter prayerfully into the mystery of the Cross, centrepiece of salvation. Let go of preoccupations and distractions, contemplating the sign through which GOD transforms suffering into love, defeat into victory and death into life. Prepare to gaze upon JESUS lifted high and to receive anew the promise of hope through His cross.

Sign of the Cross

In the name of the FATHER, and of the SON, and of the HOLY SPIRIT . Amen.

Invocation of the Holy Spirit

Come, HOLY SPIRIT, font of faith and healing. Open my eyes to the saving power of the Cross. Stir in me gratitude for CHRIST’s sacrifice, strengthen trust in His mercy and renew my willingness to follow wherever He leads, even through trials and uncertainty.

Act of Contrition

LORD, forgive my forgetfulness and indifference to the mystery of Your Cross. Pardon my reluctance to accept suffering and my resistance to change. Grant me a humble heart, open to transformation and ever confident in Your saving love.

Reading of Sacred Scripture – John 3: 13–17

Read slowly, welcoming the words of JESUS:

“No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in Him may have eternal life. For GOD so loved the world that He gave His only SON, so that everyone who believes in Him may not perish but may have eternal life.”

Meditatio (Reflection)

- What does the Cross mean to me – is it simply a sign of suffering or of love and hope?
- How am I invited to “look up” and find healing and strength in CHRIST’s sacrifice when faced with life’s challenges?
- Where do I see GOD’s transforming love turning pain into blessing or weakness into new life?
- Recall a moment when clinging to faith in difficulty led to unexpected peace, courage or gratitude.

Oratio (Prayer)

“LORD JESUS, lifted high on the Cross for my sake, draw me into Your saving embrace. Help me trust Your love in every trial, unite my sufferings with Yours and teach me to share hope and mercy with those who feel crushed or lost. May Your Cross be my refuge and my guide and may all who gaze upon it know the gift of eternal life.”

Offer up personal trials, sorrows or joys, asking GOD to unite them with the redemptive power of the Cross.

Contemplatio (Contemplation)

Sit quietly before GOD. Picture JESUS on the Cross - arms stretched in mercy, eyes filled with compassion for every need. Rest in the silent assurance that through His sacrifice, all things are being made new.

Conclusion

Our Father...

JESUS, Saviour and Redeemer, let Your Cross be ever at the centre of my heart and life. Grant that, through faithfulness and surrender, I may share in Your glory and bring hope to others.

Through CHRIST our LORD, Amen.



A MESSAGE FROM THE ARCHDIOCESE OF SYDNEY

Child abuse is a crime. The appropriate people to deal with a crime are the police. If you—or anyone you know—have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.